	Department of Commerce								
III S	Code	Course Title	Course Duration	Offered to	Session	Credits			
e m e st e r	OEC4	Financial Health and Well-being	45 Hours	All students	3 Hours a Week	3			

Course Objectives:		 To familiarise students with basic concepts of financial health To understand financial planning and budgeting 				
		Co	ourse Outco	omes:		
CO1	Illustrate the framework for financial well-being to understand the overall role finance plays in					
	personal life.					
CO2	Demonstrate an understanding of financial environment and its components					
CO3	Explore the various avenues of investment and insurance plans					
CO4	Comprehend the process of financial planning and budgeting					
Refere	ence Books:					
#	Title			Author/s	Publisher	
1	Financial Literacy		C	urrant Shaun M	Malvary, LLC	
2	Financial Literacy			MalabreNevar Theodore Noble Financial Inves		
3	Confessions of a Financial Planner		F	Iolland David	Holland Productions	
4	Personal Financial Planning			Murali Subbakrishna Himalaya Publisher		
5	Financial Literacy			Mohammed Umair Himalaya Publisher		

Unit	Title	Hours	Contents			
1	Foundation to Financial Well-being	10	Role and importance of money, Ill effects of money, Concept of financial health and well-being, Pillars of financial health, Financial Literacy – Concept and Scope, Prerequisites of Financial Literacy – Financial knowledge, Financial skills and Financial etiquette.			
2	Financial 08 Environment		Types of financial institutions, Classification of Banks in India, Scope of fintech services and Cashless banking, Financial services offered by post office, Credit rating for individuals— Concept, factors considered for computing credit score.			
3	Protection and Investment 10 Investment 10 Investment avenues- Investment Portfolios— Phy Marketable and Non-Marketable. Need and importate health insurance. Types of life, retirement plans-N		Objectives of investing, Difference between saving and investment, Investment avenues- Investment Portfolios— Physical, Financial, Marketable and Non-Marketable. Need and importance of life and health insurance. Types of life, retirement plans-NPS; and health insurance plans.			
4	Financial Planning and Budgeting	12	Financial planning – Importance, application and procedure. Preparing a budget, Budget surplus and deficit, Avenues for parking surplus and Sources of meeting deficit, Personal and Family Budget – Importance and Pro forma, Steps in preparing an efficient budget, Financial tools for individuals.			
Loarni	Learning by Doing activities: 5 Hours					

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