



St. Joseph's University

#36 Lalbagh Road, Bengaluru - 560027



SCHOOL OF HUMANITIES AND SOCIAL SCIENCE
DEPARTMENT OF PSYCHOLOGY AND COUNSELLING

SUMANA ASSOCIATION

PRESENTS

ZUMBA SESSION

A high-energy dance fitness session to boost mood and health!

Date: 23rd January, 2026

Time: 01:00 - 02:00 PM

Venue: Science Block Quadrangle
(Banyan Tree)

Teacher Co-ordinators

Ms. Keerthana : 9902469751

Mr. Vishanth : 8892654860

Student Co-ordinators

Kelly : 8606311279

Annalie : 8669753173

