



# ST JOSEPH'S UNIVERSITY

#36<sup>th</sup>, Lalbagh Road, Bengaluru - 560027

## Department of Physical Education

### Gym Schedule

#### Monday to Friday

<b>College team players</b>	7:00 a.m to 9:00 a.m 5:00 p.m to 6:00 p.m
<b>Student (Boys)</b>	9:00 a.m to 10:00 a.m
	10:00 a.m to 11:00 a.m
	2:00 p.m to 3:00 p.m
<b>Student (Girls)</b>	11:00 a.m to 12:00 p.m
	12:00 p.m to 1:00 p.m
<b>Student (Hostel)</b>	3:00 p.m to 4:00 p.m
<b>Staff</b>	4:00 p.m to 5:00 p.m

#### Note:

- The maximum strength per slot is 15 members only.
- The admission form along with the rules to be followed is available on the website.
- Interested students should fill the form pay the fees in the accounts department (Mr. Michael) and submit it to the staff in the department.

Director of Physical Education