



# **St Joseph's University, Bengaluru**

## **St. Joseph's Research Institute**

### **School of Social Work**

### **PhD Entrance Examination Syllabus**

#### **UNIT I:**

Case Work: History and Development of Casework in the World; Social Casework as a Method of Social Work: Concept; definitions; Objectives; Scope of Social Case Work; Components of casework: Person; Problem; Place; Process; Principles & application of Social Casework: Tools & Skills for Working with Individuals and Families: The Process of Case Work intervention- Models of Casework Practice

Group Work: Historical Development of Group work, Philosophy, Objectives -Group work as a method of Social Work, its relation to other social work methods-Scope-Principles- Skills-Theories and Models of Group Work. Group Work Process -Stages-Group Work in Different Settings

#### **UNIT II**

Community organisation: Historical development of community organization in UK, USA and India. Definition and objectives. Community – meaning, types, structure and dynamics, with special reference to India- Community organization principles, approaches, phases of community organization- Community organization models: Empowerment models - Rockmans Model, Paulo Freire, HR model, NGO model. LSG models – Area development model, Panchayat Raj Model.

Social Work Research: Definition, Concepts, Purpose and Scope. Characteristics of Social Work Research- Different sources of data, Research Gap- Measures of Data- Research Design: Concept, Importance, Types. Sampling Techniques: Definition, Concept, Probability and Non-Probability techniques. Tools of data collection -Quantitative and Qualitative. Measures of Central Tendency. Measures of Dispersion.

Social Action : Meaning, objectives, principles, models – Social action movements in India

### UNIT III

Fields of Psychology. Meaning and Scope: Relevance of Psychology for Social Work Practice. Developmental Psychology -. Growth and Development – Life Span Perspective-Principles of growth and Development -Developmental Stages- Personality theories: Psychodynamic- Psychosexual development theory, Psychosocial theory, Behavioural, Social Learning Theory, Gestalt Theory- Humanistic Perspective. Basic human needs - Maslows theory of needs, Learning, motivation and perception.

### UNIT IV

Concept of Mental Health-Factors influencing mental health. Mental health and culture, human development and mental health. Concept of abnormality – symptoms, causes and treatment, Neurosis, Psychosis-Addiction- Disorders of Childhood and Adolescence - Changing Trends in Mental Health Care -National Mental Health Programme –District Mental Health Programme.- Mental Health Act, Suicide Prevention and Management . Historical development of psychiatric social work in U.K, U.S.A- Models of Clinical Practice, Psycho-Social Therapies- Counselling- Basic and Advanced Skills, techniques, principles, stages - Counselling skills practice in different settings.

### UNIT V

History of Social Work Profession- Human Rights Concepts- International and National Perspectives on human rights -Role of CSOs and Human Rights Institutions- Health administration at the National and State and district levels -Legislations pertaining to health- Legislations pertaining to vulnerable populations- Concept of Disability: Causes, Management and Rehabilitation of Physical Disabilities-Rehabilitation - Principles, Approaches and Models. NASW code of ethics.

### REFERENCES

- Banerjee, G.R.: Concept of Being & Becoming in the Practice of Social Work, Indian Journal of Social Work, Mumbai
- Banerjee, Gauri Rani (1973) Papers on Social Work – An Indian Perspective, Bombay: Tata Institute of Social Sciences
- Friedlander : Concepts and Methods of Social Work



- Government of India (1987) Encyclopedia in Social Work, New Delhi : Publication Division (Social Welfare Ministry)
- Hurlock, E.B.: Developmental Psychology
- Hamilton, Gordon (1970), The New York School of Social Work: Theory and Practice of Social Case Work, New York and London: Columbia University Press
- Holis, Florence and Woods, Mary E. (1981) Casework – A Psychosocial Therapy, New York: Fandom House
- Kothari, C. (2004). *Research Methodology - Methods and Techniques*. New Delhi: Wilsey Eastern.
- Morgan and King: Psychology