

Course Outcomes and Course Content

OE4

Semester	IV
Paper Code	SOOE 4
Paper Title	Sociology of Food Culture
Number of teaching hours per week	03
Total number of teaching hours per semester	40
Number of credits	03

Objective of the Paper:

1. To apply a sociological perspective on understanding how food and eating practices are culturally produced.
2. To examine how expert authority and scientific knowledge helps define the consumption and production of food in India.
3. To use food as a lens to study the reproduction of social inequality with regards to gender, race and privileged.

Unit 1: Sociology of Food, Eating, Diet and Culture

10hrs

Chapter 1: Introduction: Significance and theoretical orientations: Food among the Sociological classics

Chapter 2: Theoretical approaches to Sociology of Food and eating.

Chapter 3: Development of Pan Indian culinary cultures with regards to dietary.

Unit 2: Food and social Inequalities

15hrs

Chapter 4: Food as a spectacle towards mass consumption and unequal distribution.

Chapter 5: Unavailability and insecurity towards food Consumption

Chapter 6: Food and the public sphere: Contemporary Issues of Domesticity and gender.

Unit 3: Eating, Health and Nutrition

15hrs

Chapter 7: Food consumption and eating habits

Chapter 8: Sociology of Food and Everyday life

Chapter 9: Health and Society

Chapter 10: Trends in Nutritional Policies

Suggested Readings:

1. Levi- Strauss, Claude. 2008. 'The Culinary triangle'. In Carole Counihan and Penny Van Esterik. Food and culture.
2. A Reader. 36-43. London: Routledge. Harris, Marvin. 1974. Cows, Pigs, Wars & Witches. The Riddles of Culture. New York: Random House. Pp3-35. Goody, Jack. 1982. Cooking, Cuisine and Class:
3. A comparative Sociology. Cambridge University Press (Selected chapters) Counihan, Carole. "Introduction: Food and Gender. Identity and Power:"
4. In Carole M. Counihan and Steven L. Kaplan. Food and Gender. Identity and Power. Harwood Academic Publishers. pp1-11 Additional Reading Pollan, Michael. Cooked.
5. A natural history of transformation. Penguin Mackendrick, Norah. 2014. "Foodscape",
6. <https://contexts.org/articles/foodscape/>, Accessed on 10 December 2018 Beardsworth, Alan and Keil, Teresa. 1997. Sociology on the menu. An invitation to the study of food and society. London: Routledge. (Ch 3 & 5)
7. Pierre Bourdieu: "Distinction: A Social Critique of the Judgement of Taste" in Food and Culture: A Reader
8. Claude Lévi-Strauss: "The Culinary Triangle" in Food and Culture: A Reader
9. Mary Douglas: "The Abominations of Leviticus" in Food and Culture: A Reader
10. Finn, S. Margot. 2017. "Chapter 2: Aspirational Eating: Food and Status Anxiety in the Gilded Age and the Progressive Era." Pp 49-79 in Discriminating Taste: How Class Anxiety Created the American Food Revolution. Newark, NJ: Rutgers University Press
11. T.J.M. Holden: "The Overcooked and the Underdone: Masculinities in Japanese Food Programming" in Food and Culture:
12. A Reader Rebecca Swenson: "Domestic Divo? Televised Treatments of Masculinity, Femininity, and Food" in Food and Culture: A Reader
13. A comparative Sociology. Cambridge University Press (Selected chapters) Counihan, Carole. "Introduction: Food and Gender. Identity and Power:"
14. In Carole M. Counihan and Steven L. Kaplan. Food and Gender. Identity and Power. Harwood Academic Publishers. pp1-11 Additional Reading Pollan, Michael. Cooked.
15. A natural history of transformation. Penguin Mackendrick, Norah. 2014. "Foodscape",
16. <https://contexts.org/articles/foodscape/>, Accessed on 10 December 2018 Beardsworth, Alan and Keil, Teresa. 1997. Sociology on the menu. An invitation to the study of food and society. London: Routledge. (Ch 3 & 5)